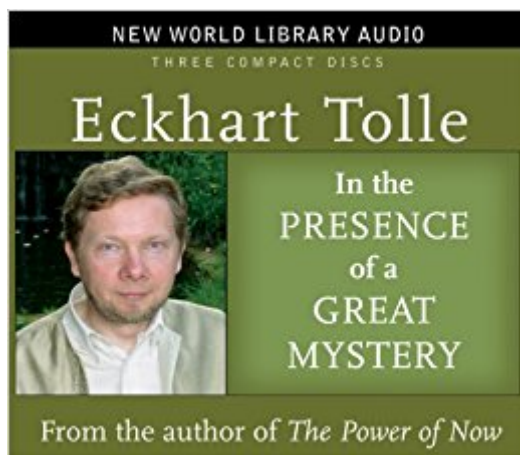


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In The Presence Of A Great Mystery (New World Library Audio)



Synopsis

In this talk, a brilliant summation of his teachings, Eckhart Tolle begins by describing a problem all humans face: a strict sense of self based in personal history, mental interpretations, and memories of the past; a sense that's forever being reinforced through habitual thought patterns. When listeners identify with these thought patterns, they create what Tolle calls 'the little me,' a person imprisoned within rigidly defined boundaries. Yet, as he explains, 'the little me' is not the truth of who one is, but of who one was, and reflects a past that no longer exists. He gently guides listeners on a journey into the present moment, into that spacious stillness where they are more than they think; where they are, in fact, part of a great, mysterious whole. Achieving this transcendent state allows listeners to move beyond self-defeating limitations and live lives of grace, ease, and lightness.

Book Information

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Customer Reviews

This is a concise but intensive recorded excerpt from a 2002 seminar by the noted spiritual teacher and author of *The Power of Now*. Tolle, born in Germany and educated at the universities of London and Cambridge, weaves together familiar threads from both Western and Eastern faith traditions into an eclectic tapestry of insights concerning human nature. Tolle guides his audience to carve out new "space," a heightened awareness of the present moment made possible by moving beyond our conditioned thought patterns. The "little me," according to Tolle, represents the sum of our shortsighted perceptions, which left unchecked add up to an all-consuming personal story of pain and conflict that makes embracing the here and now impossible. Tolle deliberately—and

effectively—leaves significant pauses between sentences and even individual words. He utilizes these moments of silence to model his approaches for the audience, given that many in contemporary information-age society may have few concrete examples for peaceful reflection in their daily lives. While Tolle holds built-in appeal to New Age spirituality enthusiasts, listeners steeped in the self-help and personal growth genres may also experience enlightenment. (Oct.) Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

Eckhart Tolle is the author of the New York Times bestsellers *The Power of Now* (translated into 33 languages) and *A New Earth*, which are widely regarded as two of the most influential spiritual books of our time. In 2008, *A New Earth* became the first spiritual book to be selected for Oprah's Book Club as well as the subject of a ten-week online workshop co-taught by Eckhart and Oprah. --This text refers to an out of print or unavailable edition of this title.

Eckhart's best at making things clear to understand. His similes are current and concise. This CD set however is really a lot of repetition from his books and other audio CDs. Still a great thing to have, but if you are of 'understanding', then I'd get this as a starter gift for those you love, and would/could benefit from a deeper sense of contemplation. Really, that's what the message ends up being at the end. Learn to contemplate at every moment. There is definitely a benefit to being in control of your thoughts and your life, vs. allowing your conditioning/past/thoughts to control you. Let's wake EVERYONE up! Give out as X-mas gifts, take a look at the sour faces when opened, then spend the time together to listen to the genius of Tolle. When the epiphanies come, watch the smiles. You'll understand. Soon to be a household name, if he isn't already. Tolle.

3 CD set, of a talk given to an audience of probably about 100/200 people at a guess by the crowd response. I've skimmed though the *Power of Now*, a long time ago which I found very engaging and reread passage from time to time, but when I played these CDs, I got a whole new dimension of what he was talking about. Then again, as he says at the beginning of the talk; If you can talk to someone after this and tell them I spoke about this and that, then, you probably didn't get it. But if they ask what the talk was about and you say, well, I don't really know what he talked about! Then, you probably got it! I don't know how many times I've listened to this set, at least 50 times, lying in bed with the headphones on. (In fact I can't imagine listening to it any other way) each time its like I never heard it before, well, perhaps not quite, but certainly just as fresh as the first time, just as interesting and illuminating, and it has to be said mind opening. As an antsy person who sees

mindfully living, in, and from, the present moment the only relaxed and at the same time (paradoxically) dynamic way to live, it's a gift. Whatever your spiritual or non spiritual proclivities, it's worth a few quid to check this out.

I first must say, I love listening to Eckhart Tolle, and I have his CD's in my care a lot. This set is very good, but it takes a long time to really know what he is saying and even then, you really do not get it. I have listened to it, probably, twenty times in my car and I pretty much feel he is saying the same thing, "Live in the Now!" I would say, he is probably more spiritual than most, therefore he I think he gets it hard to come down to the level of the ordinary person. I would like to ask him in some things he says, "what exactly do you ment?!" I have listened to other CD's of his and enjoyed them more.

As much as I enjoy all that is Eckhart Tolle genre, this audio didn't seem to find its way to "a Great Mystery". Maybe that is because we truly know within ourselves what that is and he is helping us come to that place ourselves. I will still listen to it again, I'm sure more than once.

I have listened to and read much of the printed material from Tolle. If you read with an open mind it will give you a wonderful insight into what is. I highly recommend for human consumption.

[[ASIN:157731557X In the Presence of a Great Mystery (New World Library Audio)]]Interestingly, I fell asleep every time I put the tapes on. His voice is soothing as it fades into the silence. Yet,I keep going back for the experience.

This was not one of his most interesting talks to date. The Power of Now was the HOT audio CD

Eckhart Tolle is such a peaceful man. He communicates that in his work. This book are vignettes from his book The New Earth. I enjoy reading his work.

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